

## Missouri Sports Hall of Fame Induction - November 15, 2015

**A Special Thank You to the tennis players** I've coached over the past 30 years.

**MU** - women's tennis team (grad school) 1986-88.

**Hickman** H S (boys & girls teams 1989-1994)

**Rock Bridge** H S. (boys & girls teams 1994 - present)

And I want to thank so many parents for their support and friendship.

### **Five Critical Lessons for Sport & Life**

1. **Preparation: "Winning is Hard"**

It takes **talent** and a **sustained commitment**; even then it might not be enough

2. **Confidence:** (poster in our team storage shed)

**E = MC<sup>2</sup>**      Excellence = Motivation \* Confidence<sup>2</sup>

Real Confidence is a critical component for achieving personal excellence

3. **Handling Appreciation/Non-Appreciation from Others**

Bill McCartney (former football coach at the University of Colorado)

**"Sometimes people will appreciate** what you do for them now,  
sometimes in several years and sometimes they will never know."

You have to learn to accept that.

4. **Leadership:** University of Missouri Football Coach Gary Pinkel (2010)

On his office wall (slogan) about dealing with resistance from others

**"What matters most is how you see yourself."**

There will be some doubters at times. It's how you deal with it that matters most.

5. **Passion** - when I was in high school and trying to figure out what I wanted

to do in my life my Dad: "Find something you are passionate about and throw yourself into it." Passion and Perseverance create the Grit for success.

### **Special Closing Note:**

**Your Words and Actions Can Speak Volumes... Forever**

**The Greatest Compliment I Ever Received:** From a special woman battling health issues and she never complained.

**"They are lucky to have you."** - Thanks mom.